

CIGRE Women's Network UK "Career development"

(Mott MacDonald, 27th February 2017)

"Nothing in life is to be feared. It is only to be understood" by Marie Curie



The CIGRE Women's Network UK, organised a career planning event for its members. The event was kindly hosted by Mott MacDonald in London.

The event was attended by 40 delegates from different GB energy companies and hosted by Mott Macdonald in London, on 27th February. Our amazing panellists consisted of Maria Ferraro (Chief Financial Officer, Siemens), Karen Strong (Head of communication, ABB) & Graham Young (Chief Engineer, LSTC).

In the afternoon session, led by Paul Birt, Head of Siemens HR, we did a Myers Briggs Type Indicator assessment. The workshop clearly showed that different personality types can hold complementary views and can even help solve conflicts. That helps us to think strategically in leading discussions with other personality types and to be prepared. We finished with a "knee-to knee" exercise, as seen in the picture, where we practiced discussions between people with different personality types.

The big takeaway of the event was how we need to be honest with ourselves, realise what we are good at (and not good at), not to be afraid to stretch ourselves out of our comfort zone and to challenge ourselves. Delegates gave feedback of the great energy at the event which gives us confidence for the future!